

Know the Warning Signs of Stroke

A **stroke** occurs when there is a lack of blood flow to the brain. It can be caused by a clot in a blood vessel or a ruptured vessel. A stroke occurs every 40 seconds in the United States and is a leading cause of death and long-term disability.

The ability to recognize stroke symptoms can help **save lives**. A witness is more likely to have a grasp of the situation and to be able to get help. The sooner you get help, the better the chance of saving a life.

Symptoms of a stroke include:



SUDDEN numbness or weakness of face, arm or leg, especially on one side of the body



SUDDEN confusion, trouble speaking, or understanding



SUDDEN trouble seeing in one or both eyes



SUDDEN trouble walking, dizziness, loss of balance or coordination



SUDDEN severe headache with no known cause

If you see any signs of these symptoms, call 911 immediately! Do not wait!