

HEALTH ALERT

Physical Fitness and Good Diet May Not Be Enough!

Some health problems are hereditary and non-symptomatic

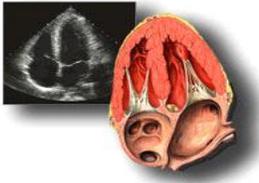
For a beginning of the year promotion the Comprehensive Wellness Profile (#8) which consists of 54 lab tests including a full lipid panel, glucose, iron, thyroid (T4), complete blood count, liver and kidney panels is being offered for \$1.00 per test/\$54.00.

American Screening Association will be at **NASA Wallops in Building F-3 on Tuesday, February 19, 2013.** Appointments are required. **Screenings are available individually or as a package** and are eligible for flexible spending accounts and health savings accounts. **Please contact American Screening Association to schedule an appointment by email at amscreening@msn.com or call 800-686-3035. The following screenings are available:**



(1) Lab Screenings \$20.00 to \$54.00 (see below for a full listing)

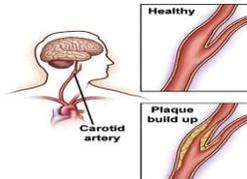
The following preventative and monitoring tests are available for both men and women: Cardio CRP, Homocysteine, TSH, Glucose, Rh Cortisol, Cholesterol, CBC, PSA, APO Lipoprotein, Hemoglobin A1C, Vitamin B12, Lead, Vitamin D and more.



(2) Echocardiogram/Heart Function Ultrasound \$99.00

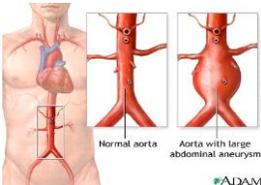
(Includes cardiologist review)

Measures the performance of heart valves, checks chamber size, wall motion and structural changes in and around the heart. Can also detect tumors, clots or fluid around the heart.



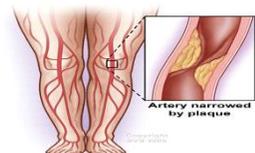
(3) Stroke/Carotid artery Ultrasound \$35.00

This preventative screening visualizes the build up of plaque in the carotid arteries that may cause a stroke, the 3rd leading cause of death in the United States. Approximately 700,000 strokes occur each year in the U.S. alone. 160,000 of them are fatal.



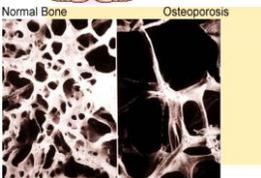
(4) Abdominal Aortic Aneurysm Ultrasound \$35.00

This ultrasound visualizes and measures the aorta to check for the existence of an aneurysm (see detail on the left). A ruptured aorta has a mortality rate 90-95%. It is considered America's silent killer.



(5) Peripheral Arterial Disease Doppler \$35.00

This painless test checks the circulation of blood in the arteries of the legs. An abnormal measurement may indicate clogging in the leg or heart arteries.



(6) Osteoporosis test \$25.00

This simple test using ultrasound determines the density of the bones in the body. Loss of bone mineral density and risk for osteoporosis has been detected to some extent in 40% of those previously screened for the disease. A disease found in both men and women.

Special Package Pricing Available

Package A – Lab Package #7 thru #14 plus one additional lab = \$245.00

Package B – Ultrasound Package #2 thru #6 plus Body Composition and ECG monitor = \$199.00

Package C – Both Lab and Ultrasound Packages = \$395.00

--Check, Cash, VISA, MasterCard and Discover accepted--

Appointments are required
Email: amscreening@msn.com or
Call: 800-686-3035

Explanation of Lab Screenings

(7) Cardio CRP (high sensitivity C - reactive protein): A sensitive marker of systemic inflammation that has emerged as a powerful predictor of cardiovascular disease, particularly of coronary artery disease.

\$45.00

(8) Homocysteine: Measures the level of homocysteine in the body that has been shown to contribute to several processes that cause arteriosclerosis (thickening and loss of elasticity of the arterial walls /hardening of the arteries), as well as Alzheimer's disease and blood clots. **\$45.00**

(9) TSH (thyroid stimulating hormone): Aids in the detection of hyper and hypothyroidism. **\$40.00**

(10) Fasting Plasma Glucose: Considered the gold standard for the detection of diabetes or pre-diabetes by measuring the level of glucose in a person's blood plasma after a period of fasting. **\$35.00**

(11) eGFR (estimated glomerular filtration rate): Screens for early signs of kidney disease and is considered the best clue to how well the kidneys are working. **\$35.00**

(12) Cholesterol (full lipid panel): Calculates the total cholesterol, HDL/good cholesterol, LDL/bad cholesterol, and triglycerides. *(included in the wellness profile)*. **\$35.00** if ordered separately

(13) CBC (complete blood count): Measures various components of your blood and includes screening for anemia, infection or leukemia *(included in the wellness profile)*. **\$35.00** if ordered separately.

(14) Comprehensive wellness profile: Includes full lipid panel/#12, complete blood count/#13, liver and kidney panels, minerals, bones, fluids, iron and electrolytes. **\$54.00 – Special promotion pricing**

**All of above lab tests (7 - 14) plus choose one test from the list of “Additional lab tests available”
Package “A” \$245.00**

(Only one blood draw required regardless of the number of tests ordered)

Additional lab tests available (price listed if ordered separate from package)

(15) PSA (prostate specific antigen) for men only: Aids in the detection of prostate cancer. **\$35.00**

(16) Hemoglobin A1C (Glycohemoglobin): Gives a picture of the average amount of glucose in your body over a certain period and is linked to diabetes. **\$35.00**

(17) Rh Group and Blood Type: Determines the type of blood a person has and Rh group. **\$20.00**

(18) FSH/Follicle Stimulating Hormone Measures the level of FSH known to be a predictor of the onset of menopause. **\$35.00**

(19) RA Factor: Aids in the detection of rheumatoid arthritis. **\$35.00**

(20) Sickle Cell Anemia: Screens for signs of sickle cell anemia. **\$35.00**

(21) Vitamin B12: Checks the level of vitamin B12 in the blood. **\$35.00**

(22) Vitamin D: Investigates problems related to bone metabolism or parathyroid function, possible Vitamin D deficiency or malabsorption. **\$50.00** (*add \$10.00 if used as the “additional test” in package A*).

(23) Lipoprotein A1 and B: Transport dietary fats through the bloodstream are used as a predictor of cardiovascular disease. **\$35.00**

(24) Cortisol: Measures cortisol in the body that has been linked to several conditions and has been proven to be a contributor to excess body fat. **\$35.00**

(25) Lead Level: Checks the level of lead in the blood. **\$35.00**

Also available

(26) Urinalysis \$15.00 (\$5.00 if added to package)

Checks 10 different levels in the urine including glucose for diabetes.

(27) Lung Function test \$25.00 (\$15.00 if added to package)

Evaluates how much air your lungs can hold, how quickly you can move air in and out of your lungs and how well your lungs add oxygen to the blood and remove carbon dioxide from the blood.

(28) Hearing \$10.00 (\$5.00 if added to package)

Measures hearing in four frequencies.

Appointments are required
Email: amscreening@msn.com or
Call: 800-686-3035