



## **WALLOPS EXCHANGE AND MORALE ASSOCIATION INFORMATION BOOKLET**



Welcome to Wallops Flight Facility!

An informational booklet has been prepared especially for you by the Wallops Exchange and Morale Association (WEMA) to better acquaint you with the different programs and services available at the Wallops Flight Facility. Located in this booklet you'll find information regarding the Exchange Store, Gift Shop, Lunch Pad Café, Lodging Facilities, Rocket Club, Vending Information, the Morale Activities Committee (MAC) and activities they offer. Also included in this booklet is a listing of the members of the WEMA Executive Council and Morale Activities Committee.

WEMA hopes you find this booklet to be both informational and helpful. As always, thank you for supporting the NASA Wallops Exchange.

Best regards,  
WEMA

## **THE LUNCH PAD CAFÉ**

### **Building E-2**

Open Monday ~ Friday

7:00 am ~ 1:30pm

Breakfast: 7:00 am ~ 9:00 am

Lunch: 11:00 am ~ 1:30 pm

Snacks and Drinks 7:00 am ~ 1:30 pm



- Breakfast offers cooked to order and express breakfast, fresh fruit bar, and pre-made sandwiches.
- Lunch offers hot entrée specials, sandwiches cooked to order, grill line specials, salad bar, soup bar, and make your own sandwich bar.
- Caters and supplies coffee set-ups for different functions on base.
- Supplies the Management Education Classes (MEC) with refreshments during training classes.

For more information about the Café please contact the Cafeteria Manager, Robert (Bob) Phillips @ 757-824-1457 or by email [robert.r.phillips@nasa.gov](mailto:robert.r.phillips@nasa.gov)

WEEKLY MENU:

<http://internal.wff.nasa.gov/wema/menu.php>

## **WEMA LODGING**

### **Buildings F-4 and F-5**



- Offers lodging for the Management Education Center (MEC) and individuals on official NASA business.
- Two lodging buildings that include 72 rooms.
- Newly renovated.
- TV, iron, ironing board, coffee maker and hairdryers can be found in each room.
- Washer and dryer located in each building.

For more information or to make a reservation please contact the Lodging Manager, Debbie Toth @ 757-824-1697 or by email [debbie.j.toth@nasa.gov](mailto:debbie.j.toth@nasa.gov)  
<http://sites.wff.nasa.gov/wemamac/lodging.html>

## **WEMA GIFT SHOP**

**Located at the NASA Visitor Center, Rt. 175, heading toward Chincoteague, and is open to the general public**

**10:00 am ~ 4:00 pm**

**March ~June: Tuesday ~ Saturday (Closed Sun. & Mon.)**

**July ~ August: 7 days a week**

**Sept. ~ Nov.: Tuesday ~ Saturday (Closed Sun. & Mon.)**

**(First three weeks in DEC open Fri & SAT)**

## **NASA WALLOPS VISITOR CENTER**

Offers NASA and Wallops Island gift and merchandise items, toys, coffee mugs, Shuttle mission patches, books, freeze dried food, and much, much more.



For more information please contact our Retail Manager  
Devin Alms @ 757-824-2020 or by email  
[devin.m.alm@nasa.gov](mailto:devin.m.alm@nasa.gov)

## **EXCHANGE STORE**

**Building E-2 Adjacent to the Lunch Pad Café**

**Open Monday ~ Friday**

**10:00 am ~ 4:00 pm**

- Discounted Regal Cinema movie tickets for WFF employees.
- Discounted Jolly Roger in Ocean City tickets for WFF employees.
- “Tickets at Work” program for WFF employees grants access to discounts on hundreds of offers to theme parks, shows, hotels, attractions and more!
- Offers NASA and Wallops Island gift and merchandise items.
- Business cards can be ordered through the Exchange.
- Great selection of toys!
- Extensive selection of apparel for youth and adult.



For more information please contact our Retail Manager  
Devin Alms @ 757-824-2020 or by email

[devin.m.alms@nasa.gov](mailto:devin.m.alms@nasa.gov)

**ROCKET CLUB**  
**Building F-3**  
**Open Monday~Friday**  
**4:30 pm ~ Until**

- Offers a place to relax with friends after a long day at work. Come enjoy an ice cold beverage with complimentary munchies.
- Lite fare menu available.
- Darts
- Pool Table
- Ping Pong Table
- Special Events
- Big Screen TV's
- Offers a large conference room with a new projection system for meetings or conferences.



For more information please contact our Bar Manager/Event Coordinator, Dawn Hedin @ 757-824-1924 or by email [dawn.m.hedin@nasa.gov](mailto:dawn.m.hedin@nasa.gov)

**MORALE ACTIVITIES COMMITTEE (MAC)  
OF THE  
WALLOPS EXCHANGE & MORALE ASSOCIATION**

MAC is responsible to the Wallops Exchange and Morale Association for planning and implementation of social, athletic, educational, and other activities, which enhance the well-being and morale of the Wallops Flight Facility community. In this capacity, MAC helps organize, support and oversee employee clubs and also organizes activities.

**Employee events sponsored by WEMA/MAC:**

Mardi Gras Party  
St. Patty's Day Party  
Cinco de Mayo Party  
Halloween Party  
Annual Holiday Party  
Wallops Island Beach Party  
Craft Brew Nights  
Annual Employee Picnic

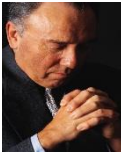


## Employee clubs include:



### **Wallops Aerobics Club**

The Wallops Aerobics Club (WAC) is devoted to improving employee's fitness through regular supervised exercise. They sponsor a variety of exercise classes for the benefit of Wallops employees, contractors, tenants and visitors. Membership in WAC entitles members to reduced prices for various classes which include Yoga, Aerobics and Toning. All classes are open to both club members and non-members. Contact Monica Borowicz @ 757-824-1023. <http://sites.wff.nasa.gov/wac/>



### **Prayer Club**

The Prayer Club provides employees interested in spiritual activities with a forum to discuss and promote their spiritual well-being and that of others. They have a speaker once a month on the second Thursday and a Bible study is offered every Wednesday from 12:00pm – 12:30pm. Contact Bill Doughty @ 757-824-1489.



### **Wallops Fitness Club**

The purpose of the club is to help improve employee morale and provide its members with a pleasant atmosphere conducive to mental stress relief; a facility where members may enhance their physical good health through aerobic, cardiovascular and weight resistive exercises; and a convenient physical rehabilitation center. To accomplish this, the club maintains a complete compliment of government approved Nautilus machines, elliptic exercisers, treadmills, stair steppers, barbells and dumbbells, heavy and speed punching bags, a stretch mat, a television, radios, two saunas, a basketball handball aerobics court, along with two showers and locker rooms. The gym is open 24/7 except for one hour daily for cleaning. Contact Robert Title @ 757-824-1244. <http://sites.wff.nasa.gov/wfc/>



### **Music Club**

The Music Club provides employees and guests interested in music and musical instruments a time to get together and sing or play music. The Music Club provides music at employee picnics and different activities held at Wallops. Contact John Heinz @ 757-824-2627



## **Debedeavon**

### **Toastmasters**

It only takes 2 hours per month to 1. Overcome your fear of public speaking; 2. Develop better speaking skills for presentations, meeting, and retirement parties; 3. Learn to think quickly and clearly on your feet; and 4. Build your leadership style. Debedeavon is a community club! NASA and Navy civil servants, contractors, family members, and community neighbors are invited to join. For more information about Toastmasters contact Roland Wescott, President. [roland.wescott1@nasa.gov](mailto:roland.wescott1@nasa.gov) or (757)824-1624. Please visit <http://750767.toastmastersclubs.org> "We're not just about public speaking but about improving day to day communications, building leadership skills, in a friendly environment."



## **ECO Club**

~ The ECO Club exists to help the employees and institution at Wallops increase efficiency, reduce pollution, and make choices which have long term benefits to their health and prosperity. If you have a passion for waste management, recycling, power generation, energy efficiency, green cars and transportation AND you want to make a difference, this club is for you. Contact Will Mast @ 757-824-1468.



### **Wallops New and Developing Professionals Advisory Committee**

The primary mission of the Wallops New and Developing Professionals Advisory Committee is to support new and developing professionals at Wallops and to facilitate their continued employment in the future. Contact Denise Cervantes [denise.cervantes@nasa.gov](mailto:denise.cervantes@nasa.gov), X2681, Kristin Ferencik, [kristin.a.ferencik@nasa.gov](mailto:kristin.a.ferencik@nasa.gov), X4635



### **Black History Club**

The Black History Club's objective is to encourage more students particularly minority students on the Eastern Shore of VA, MD and DE to make historical contributions to the fields of physical science, mathematics, engineering, computer science and technology. They sponsor an annual academic award to deserving local students.  
Contact Cheryl Johnson @ 757-824-1607.



**NASA WOLLOPS**  
**AMATEUR RADIO CLUB**

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The Wallops Amateur Radio Club (WARC) promotes interest in telecommunications, disseminates information about advancements and discoveries in telecommunications, and trains communicators for public service and emergency communications. It also encourages experiments in electronics and promotes the highest standards of practice and ethics in the conduct of Amateur Radio communications. Meetings are held once a month. Contact Jason Rausch @ 757-824-1672.

### **MAC COMMITTEE MEMBERS**

#### **Chair:**

Peter Dell, Code 840, 757-824-1658

#### **Vice Chair:**

Michael Bonsteel, Code 200, 757-824-1724

#### **Equipment & Facilities:**

Vacant

#### **Treasurer:**

Linda Wiles, Code 803, 757-824-1173

#### **Secretary:**

Vacant

#### **Welfare & Promotions:**

Vacant

**Members at Large:** Regena Haugh, Code 800,  
757-824-2396

## **WEMA EXECUTIVE COUNCIL MEMBERS**

### **Chair:**

Gordon Marsh, Code 810, 757-824-1166,  
[gordon.d.marsh@nasa.gov](mailto:gordon.d.marsh@nasa.gov)

### **Vice Chair:**

Rebecca Hudson, Code 130, 757-824-1139  
[rebecca.h.powell@nasa.gov](mailto:rebecca.h.powell@nasa.gov)

### **Executive Secretary:**

VACANT

### **Exchange Operations Manager:**

Sarah Daugherty, Code 840, 757-824-2283  
[sarah.c.daugherty@nasa.gov](mailto:sarah.c.daugherty@nasa.gov)

### **Treasurer:**

Debbie Parks, Code 589, 757-824-1062  
[debra.m.parks@nasa.gov](mailto:debra.m.parks@nasa.gov)

### **Morale Activities Manager:**

Peter Dell, Code 840, 757-824-1658  
[peter.j.dell@nasa.gov](mailto:peter.j.dell@nasa.gov)

## **EXCHANGE OPERATIONS PERSONNEL**

**WEMA General Manager:** Karen Thornes,  
757-824-2040, [karen.s.thornes@nasa.gov](mailto:karen.s.thornes@nasa.gov)

**WEMA Cafeteria Manager:** Bob Phillips,  
757-824-1457, [robert.r.phillips@nasa.gov](mailto:robert.r.phillips@nasa.gov)

**WEMA Administrative Assistant:** Nicole Mapp,  
757-824-2010, [nicole.d.mapp@nasa.gov](mailto:nicole.d.mapp@nasa.gov)

**Lodging Manager:** Debbie Toth,  
757-824-1697, [deborah.j.toth@nasa.gov](mailto:deborah.j.toth@nasa.gov)

**Exchange/Gift Shop Retail Manager:** Devin Alms, 757-  
824-2020, [devin.m.als@nasa.gov](mailto:devin.m.als@nasa.gov)

**Rocket Club bar Manager/Event Coordinator:**

Dawn Hedin, 757-824-1924, [dawn.m.hedin@nasa.gov](mailto:dawn.m.hedin@nasa.gov)



The Contact Info for placement of the Memorial Wreath  
for retirees and current NASA employees is:  
Debbie Parks

x- 1062

[debra.m.parks@nasa.gov](mailto:debra.m.parks@nasa.gov)

## **EXCHANGE VENDING OPERATIONS**

Do you need a vending machine?

Do you need one to be repaired, relocated or refunded?

WEMA operates a center wide vending program that offers a wide variety of soft drinks and snacks. Profits from the vending operations help to support employee morale events and activities which include:

Center wide events

Employee picnics

MAC (Morale Activities) sponsored events

For more information contact Karen  
Thornes

@ 757-824-2040 or by email

[karen.s.thornes@nasa.gov](mailto:karen.s.thornes@nasa.gov)